

















2017-2018
ANNUAL REPORT



VISION

Everyone has a safe and secure home.

MISSION

To lead change in housing through advocacy, supports and services to end homelessness.

VALUES AND GUIDING PRINCIPLES

We live these values to create hope, security, self-esteem and choice.

RESPECT

In order for people to feel respected, valued and have dignity, we meet people where they are, without judgement.

SELF-WORTH

We value the uniqueness of each person in order to support self-worth.

TRUST

We build and maintain relationships that exemplify credibility and trust.

INCLUSION

We believe that people have the right to be included on their own terms.

STRATEGIC DIRECTIONS

- 1. To be the best we can be as a centre of excellence in housing and homelessness
- 2. To expand our ability to care for people along their housing and homelessness journey by offering a continuum of holistic supports in combination with case management
- 3. To be truly client-directed by ensuring the people who use our services are engaged in identifying their needs
- 4. To make Adsum a great place to work







MESSAGE FROM THE PRESIDENT OF THE BOARD AND THE EXECUTIVE DIRECTOR

Dear Friends of Adsum.

As we approach our 35th anniversary, we remain true to our roots; to be here for people, without judgement... informed and inspired by people who use our services. This past year we redoubled our efforts to work with partners in the wider community to end homelessness.

At Adsum, we are privileged to meet some incredibly resilient and awe-inspiring women. Many are mothers who have assumed the huge responsibility of being the primary caregiver for their children. A few have partners, but most are raising their children on their own, often on limited resources and with varying levels of support, if any, from their extended families.

While Adsum House shelters mothers and children who are in crisis, we know that emergency shelter is not the ideal solution for them. For that reason, we started a new program in September 2017 with a simple goal. We are working to house homeless families immediately or making their stay at our emergency shelter as short as possible. The results we are seeing are encouraging. By March 2018 we helped to house 13 mothers, one father and 26 children. More than half were housed without having to stay even a single night in shelter. We look forward to an evaluation later this year that we hope will provide early lessons and highlight promising approaches from this new work.

We would like to pay tribute to the amazing women who work and volunteer at Adsum. We make particular mention of our dear friend, Mary Hale, who passed away last fall. Mary was on our Board of Directors for more than 30 years. She was fiercely loyal and dedicated to the needs of others. We miss her.

As you read this Annual Report, we hope that you are proud of what your support has accomplished. We worked hard to meet your expectations and achieve results for the people who stayed at our shelter, lived in our housing, and found support from our many programs, services and advocacy.

Any success we have is also your success. With the ongoing and extraordinary support of you, our donors, partners, staff, volunteers and clients, Adsum is prepared for the challenges ahead. We aspire to live in a province where everyone has the right to a safe and secure home.

Downow Donna Morvkot

































+2,000
hours of programming; recreational, educational and therapeutic

Tenancy in Adsum housing ranged from a few months to

+20 years

DIVERTING FAMILIES FROM SHELTER TO HOME

At Adsum, we are observing that more families each year need support to obtain affordable housing due to various factors, including rising rental rates for housing, limited income assistance support, and often insufficient single parent incomes. Many families are calling Adsum House for emergency shelter, but there often isn't any room for large families to stay together. For two-parent families in Nova Scotia, there is no family shelter, which means that fathers and older male youth have to live separately from moms in a different emergency shelter. The separation of children from their parents as well as the impact of living in shelter on children has long-term detrimental consequences. This can include psychological and health concerns that can lead to children performing poorly in school, mental health and behavioural concerns, and being at a higher risk of poverty and homelessness as adults.

Emergency shelter is not the solution to family homelessness. We know that there is no 'one size that fits all' approach to resolving the housing crisis and that it is important to respect the unique needs of each family.

In September 2017, Adsum started a new program, "Diverting Families from Shelter to Home". This project aims to help families obtain and maintain affordable housing and attempts to reduce the amount of time they have to live in emergency shelters or, if possible, prevent their stay in shelter altogether. We offer a variety of interventions, ranging from: eviction prevention, rapid re-housing services, to ongoing outreach support. Meghan Oliver is the program social worker who provides support to families and assists with navigating different barriers to obtaining and maintaining housing, such as addressing

rental and power arrears, affordable options, furniture, moving expenses, etc. Part of the ongoing outreach support includes referrals to mental health and addiction services, family support programs, recreation and employment supports. As part of the program, Adsum has rented and furnished three apartments with the intent of providing temporary emergency housing for families while we work to secure long-term housing options. We work with many commercial landlords to lease long term homes.

We are encouraged by the results. We have worked with 18 families and provided interventions to 44 individuals. 62% were housed without having to stay a single night in shelter. The families who did have to use the shelter stayed, on average, 7.5 days before moving to housing. Since its inception, the program has realized two other significant outcomes: we helped two families avoid eviction from their homes, and for two full months, we did not see a single family stay at our shelter. Here are 2 examples of the families we have supported:

Family 1: In September 2017, Adsum provided support for the first time to a wife, husband and their two children to be reunited and leave shelter. Karen and her family lived in an Adsum-leased emergency apartment for four months and obtained permanent housing in February 2018 with a long-term lease that they could afford.

Family 2: A mom was kicked out of the family home by an abusive partner. Mom had nowhere else to turn for her and her two children so she called Adsum House. It would have been the family's first experience with emergency shelter, an experience that we wanted to prevent altogether. Instead of shelter, Adsum staff set up Jessie's family in a motel with cooking facilities and immediately called local landlords with whom we have good working relationships. In less than two weeks, we found Jessie a three-bedroom apartment. However, without sufficient resources and a positive landlord reference, she could not assume the lease. These are common barriers to housing for single moms. Thinking outside the box, we stepped in with a creative solution! Adsum signed a one-year lease on the unit and agreed to pay \$185 rent supplement per month to bridge the gap between her income and the cost of safe housing. This form of support is much cheaper than emergency shelter and a far more effective use of our limited financial resources. We helped Mom and the children settle into their new home and continue to provide ongoing support with regular visits and by telephone. After six months of stable housing, the landlord is now comfortable to take Adsum's name off the lease and rent directly to this family permanently. This is life-changing!

We are grateful that our vision for change for families is shared by a generous private donor, Affordable Housing Association of Nova Scotia, and Councillor Lindell Smith. Their financial support allowed us to start the program that is assisting families to have a safe, affordable and secure home.

FREEDOM 60

By Devorah Rivkah

I had just turned 60 and I knew I had to make some drastic changes in my life, if not I felt certain I would not have a life, or my mind would be so completely gone, that I would not have been any good to myself or anyone else. I should have been looking forward to retirement and a relaxed future but instead I was sleeping with my phone under my bedclothes ready to dial 911.

My marriage of nearly eighteen years was one of complete control and abuse; I could see no way out because of the scrutiny in which I lived every day. My self confidence was nonexistent and fear ruled my every moment. I had been convinced that I could never make it on my own, so I was just getting through each day, walking a tight rope of fear and lost hope. Until things became so terrifying that I made a run for it.

Someone a few weeks before that decision told me about Adsum
Center. The feeling of security and hope I felt when I came through
those doors, five months ago, has not left me. My anxiety was so
evident that I shook and talked endlessly. I could not go outside the
center for months because of the fear my ex-partner had instilled in me. The first
few weeks I did not remember very well, because of the past abuse, but gradually
the programs here taught me self confidence and self discovery. All the programs
had some kind of healing effect on me especially Therapeutic Change; it was the
most difficult program to attend but by far the most beneficial. I

would often refer to Megan as "the seam ripper", because she would often rip open the horrible ugly putrid things in my psyche that made me so fearful and then gave me the tools to deal with them. Though I did not like to sit still and do things like "arts and crafts" I even learned from that, it forced me to concentrate and socialize in a different setting.

I have so many things to look forward to. Long forgotten dreams on the dusty shelf of my life are now becoming clearer and they beckon me to start trying again. I want so much to live and enjoy life and to be a participant in the necessary changes that we need to make in society, especially with regard to spousal abuse and homelessness

for women and children. To all of you who have helped me get my life and health back, I thank you from the bottom of my heart; no words describe your kindness, gentleness and constant care for me during this bleakest time of my life. Many nights I talked your ears off and rocked the rocking chair so that I could fall to sleep. Your patience with me was overwhelming. Thank you for allowing me to participate in your programs with cooking and baking that was a real ego booster, I never thought that I could cook very well; I just knew that I loved to feed people.

There is so much that this remarkable place, which I have called home for the past five months, helps us with: safety, shelter, clothing, love, respect and acceptance, hope and tools for a better tomorrow. For anyone considering Adsum as a step in the right direction a word of advice: this is hard work. You will be given all the tools necessary for your life's direction but you must do the work yourself.















MY SAFE PLACE

My name is Carrie Amero; I am 23 years old, and I live at Adsum Court. I have lived here for almost three years. I moved in four days before Christmas, and it was a pretty awesome gift. Before living here, I had moved in with a relative, and before that I spent time at Adsum Centre working on boundaries and self-esteem; all things that I needed in order to live on my own.

Before Adsum helped me, my life was a bit rocky. I left home at 16 and until now, I've never been in a stable place in my life. I was also lacking solid support and solid relationships. Living with depression and anxiety is a struggle on its own, but without proper safety nets in place, a person can struggle with just making it day to day. Sometimes I used to wonder where tomorrow I'd be; another shelter, someone's house, wandering around aimlessly? And now I just need to worry about keeping my self-care routine in-check and making sure my cat is happy. That isn't to say that I don't worry about problems I'm faced with because, of course, we all have them, but I am secure now.

Adsum Court is very different than a regular apartment complex. All the tenants here look out for each other and help each other along. It's also nice to have someone in the office that looks out for us and chats with us. Ferne is a real treasure for Adsum.

Since moving in three years ago, I got my first game system and started a Disney movie and book collection with the help of other tenants. I have always loved reading but had a hard time finding the space to just curl up and read, with my cat of course, who I brought with me here. I also have a spot to draw, be creative, and to listen to music annoying my neighbor with my singing. (It is okay, I'm sure she secretly adores it since she adores me.)

I have grown so much here, and I have been allowed to be a mess when life gets messy. I feel grounded. I'm going back to school now and doing some Youth Speaks where I talk to schools and groups about mental health. It's very rewarding and very helpful in my own recovery. And I have also completed a film. I came up with the concept sitting on my couch with a notebook. I am looking forward to my future and all my future progress.

My apartment is my safe place, my little hidey hole. I have learned to live alone and find peace alone, which is something that I have always struggled with; as I'm sure you can imagine that a young person would struggle with such things. I'm so good at living alone now that I don't really like it when I'm not home at nights. After a long stressful day, coming home is amazing.

Thank you Adsum, for being here for me. For pushing me (sometimes pulling me). And giving all women who reach out to you a hand to help pull them up.



Thank you as well to all the help from donors who support Adsum. Without your help, Adsum would just be a pipe dream.

With love,

Carrie Amero

And my cat Whiskey

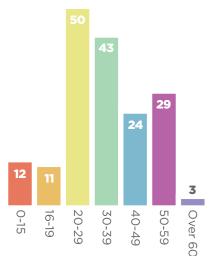
ADSUM HOUSE: A LOOK AT EMERGENCY SHELTER

One of our primary goals at Adsum House is to help people transition to their next home. Of the people we supported this year, 75% moved on to improved circumstances; whether that is independent housing, supportive housing or a return to living with family or friends.

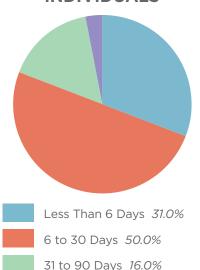
We sheltered 172 individuals, from infant to 70+ years, with an average stay of 21 days. The largest age group is 20-29 years. We had 99.1% occupancy for our 16 beds and were often in overflow for up to 18 people. We have worked with folks facing a variety of challenges that contributed to their loss of housing, including substance use, parental or partner abuse, family or

relationship breakdown, violence, conflict with the law, mental illness,

AGE OF CLIENTS



LENGTH OF STAY FOR INDIVIDUALS



More Than 90 Days 3.0%

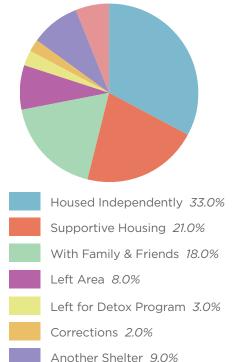
eviction, unsafe housing, and poverty. Our staff responded to and supported the unique needs of each individual to develop and implement a housing plan as well as responding to everyone's day to day needs.

While we like to highlight the successes of the people we work with, we cannot ignore that we continue to see residents struggle to find housing with inadequate income assistance rates. This only becomes more difficult as rent and the cost of living rises in Halifax (HRM). The average cost of a one bedroom apartment in Halifax is currently \$987; the income assistance rate for an individual is \$300 (if able-bodied) and \$535 (if on disability) with \$275 for bills, groceries, clothing, prescription co-pays, phone, and anything else one might need.

Despite this, we supported 117 individuals to positively move on from Adsum House. As people move out of shelter they may access services from many people on our team such as the Housing Support Worker, Intensive Case Manager, Diverting Families Social Worker, Adsum Centre, Adsum Court and The Alders as well as many social supports across the community. They all work to help people facing complicated barriers to stable and affordable housing.



AFTER ADSUM HOUSE



Unknown 6.0%

LIFE CYCLE

By Evelyn Napier

It was just past 1:00 AM, and there was snow on the steps. I was freezing, exhausted, disoriented, and past caring. About anything. I was standing in front of a door that I was almost hoping wouldn't open. The patrol car, which had brought me here, waited. The door opened. Terrified, completely lost, I stepped through it.

That was 17 months ago. The door was to Adsum House. And when that door opened, I moved into a world that I didn't think could possibly exist. A world where, even when homeless with only a suitcase in hand, I would be treated as a real person without judgement. In my eyes, I was an utter failure. To Adsum, I was a person entitled to dignity, self-respect, and a future. And so it began, slowly, at my pace. A warm bed and sparkling hot showers, meals prepared fresh, with care and attention. Staff who were never intrusive, but always there when I needed them. Programs and activities if I wished to join in, but never pressured to do so. Access to health care support and always, always, safety and security.

Time passed. I started to find my feet again. An option was offered, if I wanted to pursue it, to relocate to Adsum Centre in Lakeside. Living alongside other women, with structured independence. A bedroom of my own, a shared living room, kitchen and bath. Programs three mornings a week providing education, resources, and the tools for self-awareness, insight and personal development. Evening opportunities for additional learning as well as creative expression. Again, staff quietly but consistently available. Staff who would sit with me and help me to figure out who I was, and where I wanted to be.

Thanks to Adsum's commitment to occupational therapy, I met my bicycle, a refurbished wheeled steed that I named Rocinante, after Don Quixote's horse. Like its namesake, and like me, Rocinante was somewhat along in years, definitely the worse for wear and didn't work perfectly. But was valued nonetheless and became my outlet for channeling the addiction, depression and anxiety demons, which had been with me for so long. I biked and biked and biked, and slowly began to learn how to outpace the demons.







On September 29, 2017, I gathered my new-found courage and biked 50 kilometers in Ride for Refuge, to raise funds for Adsum. I had made the commitment back in late May. I lived up to it. I had said that I would do something, and thanks to Adsum, I did. To my bewildered surprise, I started to feel that maybe, just maybe, I was worthwhile.

Meanwhile, in the preceding August, I had moved again – this time to Adsum Court, a collection of independent-living units providing secure housing in a supportive environment. Once again I found caring and committed staff, respecting my independence but there when I needed them. Opportunities to join in programs and excursions, but only when I wished. Always the message that I was allowed to organize my life as I chose, as I needed to, in my way and in my own home. It was here that I got involved with another Adsum program – Peer Works. I started learning about property management, and, more importantly, re-acclimating to structure and scheduling, task focus, time management, and teamwork. Earnings from paid work validated my growing sense of self-determination. I started saving, bit by bit, for a new bike.

As I write this Rocinante's successor, Endurance (named for Ernest Shackelton's ship) is moored in my bedroom. We're in training for another fundraising ride for Adsum. Tomorrow I'll be doing some volunteering for newcomers to Halifax. Many have arrived here from war-torn countries, often with not much more than a suitcase. Thanks to Adsum, I can offer them support, respect and dignity. Thanks to Adsum, I can give back. Thanks to Adsum I have Endurance and can outpace the demons. Perhaps never entirely lose them, but outpace them. And I know – absolutely know - that with Adsum, I can keep my balance and move forward continuing to build and explore this marvelous, miraculous new life cycle.

TREASURER'S REPORT

It has been both a pleasure and honor to serve as Treasurer on the board of Adsum Association for Women & Children. I am grateful to the staff and directors of Adsum for supporting me in my role as Treasurer. I have been inspired over the past year by the Executive Director, Sheri Lecker and the Accounts Administrator, Nancy Lamrock who play a large role in the success of the Association's finances by being so attentive to ensuring that every dollar contributes to the mission of the Association.

Adsum relies on government grants, rental income and most significantly, on the generosity of our donors. If not for the latter, the Association would not exist. Donations and fundraising continue to be a significant source of revenue for the Association. In fiscal 2017, an amount of \$722,212 was contributed to the Association via donations and fundraising which was utilized effectively in providing much needed services to our community.

Amortizations of Deferred Contributions 5.5%

Investment 0.8%

Per Diems to Authorities 0.3% The expenditures of the Association vary based on changes to programs, requirements of the properties and continued pressures on reducing overhead spending to ensure every dollar counts in shaping change in our community. In fiscal 2016, there was a significant grant received and monies were spent to renovate certain properties, which did not reoccur in fiscal 2017. There is an increase in wages in 2016 as a result of ensuring that our vital staff are compensated according to the living wage in Halifax.

The Association continues to demonstrate a strong financial position. Readers are encouraged to examine the audited accounts as published in the annual report where the summary outlines the Association's Revenue and Expenditures followed by the Statement of Financial Position of Assets, Liabilities and Reserves.

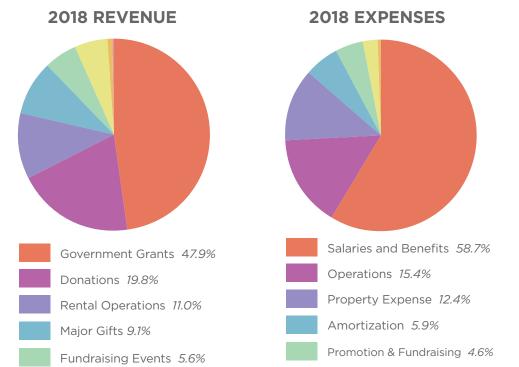
Administration Costs 2.6%

Bad Debts (Recovery) 0%

Mortgage Interest 0.4%

Respectfully submitted, Helena Lotherington Treasurer

Helma apriesi for



STATEMENT OF REVENUE & EXPENDITURES

YEAR ENDED MARCH 31, 2018

	2018	2017
REVENUE	\$2,313,562	\$2,222,907
EXPENSES	\$2,313,300	\$2,271,325
DEFICIENCY OF REVENUES OVER EXPENSES FROM OPERATIONS	\$262	(\$48,418)
OTHER INCOME (UNREALIZED GAIN)	\$19,452	\$20,776
DEFICIENCY OF REVENUE OVER EXPENSES FOR THE YEAR	\$19.714	(\$27.642)

STATEMENT OF FINANCIAL POSITION

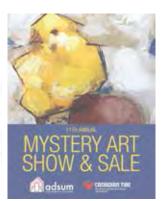
STATEMENT OF FINANCIAL POSITION				
ASSETS MARCH 31, 2018	2018	2017		
CURRENT				
CASH	\$ -	\$ -		
ACCOUNTS RECEIVABLE	\$51,798	\$37,781		
PREPAID EXPENSES	\$19,019	\$22,580		
	\$70,817	\$60,361		
CAPITAL ASSETS	\$3,611,011	\$3,752,801		
LONG TERM INVESTMENTS - RESTRICTED	\$371,597	\$365,777		
LONG TERM INVESTMENTS - UNRESTRICTED	\$431,534	\$272,551		
	\$4,484,959	\$4,451,490		
LIABILITIES				
CURRENT				
BANK INDEBTEDNESS	\$67,624	\$28,694		
ACCOUNTS PAYABLE	\$129,394	\$108,271		
CURRENT PORTION OF LONG TERM DEBT	\$22,029	\$21,977		

BANK INDEBTEDNESS	\$67,624	\$28,694
ACCOUNTS PAYABLE	\$129,394	\$108,271
CURRENT PORTION OF LONG TERM DEBT	\$22,029	\$21,977
UNEARNED INCOME	\$11,364	\$10,463
TENANTS' DAMAGE DEPOSITS	\$9,483	\$6,747
	\$239,894	\$176,152
LONG TERM DEBT	\$234,145	\$255,511
DEFERRED CONTRIBUTIONS - CAPITAL ASSETS	\$2,978,123	\$3,105,809
DEFERRED CONTRIBUTIONS - FUTURE EXPENDITURES	\$137,697	\$44,452
NET ASSESTS	\$3,589,859	\$3,581,924
INVESTMENT IN PROPERTY AND EQUIPMENT	\$376,074	\$369,390
INVESTMENT IN ENDOWMENT FUND	\$371,597	\$365,777
UNRESTRICTED FUND	\$147,429	\$134,399
	\$895,100	\$869,566
	\$4,484,959	\$4.451.490

SIGNATURE FUNDRAISING EVENTS

























THANK YOU TO OUR GENEROUS EVENT SPONSORS









Humani-T



























Royal Bank















THIRD PARTY FUNDRAISERS

We are very fortunate to have support from many organizations, schools and individuals, of every age, who plan events to raise money for Adsum's work. All through the year, generous people find opportunities to make donations collected at birthdays, bake sales, casual days, markets, shows, as well as from their retail products, event tickets and donation jars.



Jessie Brown, Ladies Beer League & Good Robot Brewery



Vandal Doughnuts

A heartfelt thank you to everyone who walked, ran, or biked on the Adsum Avengers team in the **Scotiabank Bluenose Marathon** and **Ride for Refuge** and to those who donated to the participants.



Evolve Fitness



Outgrow Outplay



Grant Thorton



Manya & Misha Sodhi



Team Bro Bluenose Brothers



Halifax Central JHS



Canadian Tire at Ride for Refuge



Halifax Shoebox



Shoppers Drug Mart



Keller Williams Select Realty

ADSUM'S COMMUNITY OF VOLUNTEERS 2017-2018

Our volunteers truly are amazing! Volunteers help out in so many ways at Adsum each day. It could be sorting and organizing donations; preparing meals and helping out with fundraising events; sitting on our Board of Directors or doing programming with our clients. Volunteers are an essential part of the work that we do. Our volunteers are dedicated to their community and we are so grateful for all of the ways they help with our services and events. Thank you!



Buthaina Abbass
Heba Al Joudi
Nawal Al Saqar
Lindsay Algee
Glady Ascah
Maureen Babin
Catherine Baker
Rachel Barnes
Brian Barton
Tara Bayne
Sylvia Boissonneault
Michelle Bouwman
Jessy Brunet

Carol Burk

Justine Burns

Cathy Byrne
Catherine Chamberlain
Emily Costello
Louise Cullen
India Cyr
Amber Davis
Leigh Day
Stacey de Molitor
Camille Denney-Harris
Evyneia Dexter

Jenny deZoete

Laurie Dolhan

Amy Downie Joan Eager Tarini Fernando Daisv Fitzgerald Gisela Folker Gwyneth Fountain Annemarie Giberson Kathleen Gifford Mvrina Giquere Katie Gillighan Caitlin Griffiths Penny Harding Shizza Hassan **Betty Hutchins** Toni Hynes Melanie Ingram Sheila Jamieson Asmaa Jawv Linda Jones June Karanja Madelyn Keeping Destiny Keizer Sherry Keizer Anne Kellv Vanessa Kinnear Colleen Leblanc Johanna Limmer

Yuxiao Liu Kara Loop Helena Lotherington Katie MacDonald Susan MacDonald Tiffany MacDonald Sarah MacGillivray Hanaa Mahmoud Ann Mann Hanadiy Mardinli Nicole Maunsell Grace McDonald Alexandra McNab Bette McNutt Kay Ann Meagher Jessie Meisner Mariam Mhimid Rachel Miller Donna Morvkot Yvonne Noel Beverley O'Donnell Wilma O'Grady Gary O'Meara Katie Oxford Joesie Palmer Grace Park Beth Allyson Pothier

Tracev Randem Aliva Rubin Aida Sairawan Craig Sampson Sara Sarr Christine Saulnier Susan Schumacher Holly Scott-Black Susan Seward Susan Shephard Nga Yi Sit Maggie Smith Dr. Pavinder Sodhi Shawn Sperry Shelley Sutherland Una Sverko Linda Thorne Lisa Tremblav Karen Veinot Lauren Williams Richelle Williams Maddison Wilson Faustina Woo Menavina Zu Courtney Zwicker













"CHANGING THE WORLD IS AS EASY AS **REACHING OUT YOUR HAND"**

We appreciate the enthusiasm and support from our amazing Volunteer Groups, who spend time at Adsum properties to cook, clean, organize donations, paint, do yard work and offer professional skills and talents to clients.

Autism Nova Scotia

вмо

C100 Street Team

Canadian Progress Club Halifax Citadel Mobile Outreach Street Health

Canadian Tire CBC Do Crew

Craig Sampson & Family

Dalhousie University

Foxy Moon Hair Gallery

Grant Thornton

HALIFAX Recreation Youth

Immigrant Services Association NS

K9pad Therapy Dogs

MAC Cosmetics

McInnes Cooper

Mount Saint Vincent University

On-Point Volunteers Association

Pirate Off-Road Nation

Port of Halifax

Prospect Outfitters

RBC.

Regional Cadet Support Unit Atlantic United Way Halifax

Sacred Heart School

Saint Mary's University

Scotiabank

Shoppers Drug Mart

St. John Ambulance

Stadacona Band

Stewart McKelvey

Syrian Thanksgiving Group

TD

Team Bro Bluenose Brothers

Tri Service Cadet Band

Foxy Moon Hair Gallery

For four years, the team from Foxy Moon regularly closes their salon to go and work their magic with free haircuts for tenants at Adsum Court. Inside their shop, clients also make donations through the year to support our work.

"We have access to so many services and people are so generous with donating things. Where else could we be treated so well?" Adsum Court tenant.











MAC stores give volunteer hours and MAC AIDS Funding

The 2 MAC store teams contribute five volunteer days to cook meals for our residents, organize a client make-over event and to work our Females Fore Females golf day. They always have fun together at Adsum House and love that their volunteer hours can provide a large donation from the MAC Aids Fund.

Syrian Thanksgiving Group cooks meals for shelters

"It feels nice to give back instead of receiving all the help, because Syrian refugees know the meaning of poverty and pain and just living in terrible conditions."

To have volunteers coming into Adsum House helping with preparing meals or having people come with a prepared meal really helps. Not just with Adsum's food budget, but also with the time it takes to prepare meals for all the shelter residents each day.



WE ARE HONOURED TO HAVE MANY SUPPORTERS WHO TRUST ADSUM TO USE THEIR DONATIONS IN WAYS THAT HELP OTHERS FIND HOPE, SECURITY AND SELF ESTEEM. THANK YOU FOR YOUR GENEROUS GIFTS.

Listed here are donors of cash, gifts-in kind and sponsorships of more than \$500, between April 2017 and March 2018 (Excluding private individual donors).

FOUNDATIONS

Air Canada Foundation
Black Family Foundation

John & Noreen Barter Fund

Canadian Tire Jumpstart Foundation

Canadian Women's Foundation

Halifax Prostestant Infant's Foundation

RBC Foundation

Shoppers Drug Mart Life Foundation

The Flemming Charitable Foundation

The Halifax Foundation

The Home Depot Canada Foundation

The M.A.C. Aids Fund

ESTATES

A. Mary Holmes Trust

John & Elizabeth Godin Perpetual Charitable Trust

The Estate of Frances Doran

FAITH BASED ORGANIZATIONS

All Nations Christian Reformed Church

All Saints, A.C.W.

Angel Hall Spiritual Centre Association

Bethany United Church

Life Boat Church

Saint Benedict Parish & CWL

Sisters of Charity Centre

Sisters of Charity-Common Congregational Fund

Society of the Sacred Heart (Canada)

St. Catherine's Greek Ladies

St. Mark's Anglican Church

St. Timothy's Anglican Church

GOVERNMENT

Affordable Housing Association of Nova Scotia

Department of Community Services

Government of Canada

Government of Nova Scotia

Halifax Regional Municipality

Housing Nova Scotia

Nova Scotia Health Authority

SERVICE CLUBS & COMMUNITY GROUPS

3rd Degree Training

Action Car and Truck Accessories

Blue Sea Philanthropy

Bovne Clarke

Cookies for Kids

Dalhousie Law Society

Dalhousie University - Department of Psychiatry

Evolve Fitness

Father Lloyd O'Neill's Legacy

FEED Nova Scotia

Halifax Dump & Run

Halifax Seaport Beer Festival

Good Robot Brewing

Knights of Columbus-BLT Round TableProvincial

Government Employees

Regional Cadet Support Unit (Atlantic)

Royal Canadian Legion Calais Branch #162

Sackville Heights Junior High School

Shaggypup Productions

SMU English Student's Society

The Halifax Assistance Fund

The Wednesday Bridge Club

United Way of Halifax

Vandal Doughnuts

Wilsons Home Heating

Women in Business

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Winners



STAFF THROUGH THE YEARS

We want to pay tribute to the amazing women who have worked at Adsum over the years, including the incredible women who work with us now. It is their compassion and non-judgmental approach, as well as their respect, expertise and acceptance of people wherever they are on their journeys, that we celebrate. Here are some familiar faces from over the years.







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