

adsum
FOR WOMEN & CHILDREN



2016-2017

ANNUAL REPORT

bringing

HOPE, SECURITY, SELF-ESTEEM

& choice



VISION

Everyone has a safe and secure home.

MISSION

To lead change in housing through advocacy, supports and services to end homelessness.

VALUES AND GUIDING PRINCIPLES

We live these values to create hope, security, self-esteem and choice.

RESPECT

In order for people to feel respected, valued and have dignity, we meet people where they are, without judgement.

SELF-WORTH

We value the uniqueness of each person in order to support self-worth.

TRUST

We build and maintain relationships that exemplify credibility and trust.

INCLUSION

We believe that people have the right to be included on their own terms.

STRATEGIC DIRECTIONS

1. To be the best we can be as a centre of excellence in housing and homelessness
2. To expand our ability to care for people along their housing and homelessness journey by offering a continuum of holistic supports in combination with case management
3. To be truly client-directed by ensuring the people who use our services are engaged in identifying their needs
4. To make Adsum a great place to work



MESSAGE FROM THE PRESIDENT OF THE BOARD AND THE EXECUTIVE DIRECTOR

Dear Friends of Adsum,

Our mission and guiding principles (that appear on the adjoining page) remind us to strive to be true to our name, Adsum, which means “I am here”. Adsum speaks to the 24/7/365 nature of our work and it guides how we practice. We are here, no matter what. We meet people where they are in life, without judgement.

Thirty years ago, Adsum was fortunate to have a truly visionary board of directors. They embarked on a project to develop self-contained apartments in Dartmouth. We recently discovered a dusty green file, tucked away in a drawer that laid out the plans for this project. It describes the target market for this housing to be “women living on their own who, for a number of reasons, have not been able to secure decent accommodations at an affordable price in the private market. Women who have been living in emergency housing, recently released from hospital or an institution. Women who have recently lost a family support system and may find it difficult to make it completely on their own. The emphasis on this market will be for long-term, secure housing.”

This project description for Adsum Court (formerly called Venite Court) could have been written yesterday, but it is dated November 20, 1986. Barriers to housing three decades ago remain relevant today and if anything, the barriers are higher and the need greater. Building on our experience and listening to what we hear from clients on a daily basis, we plan to develop new work that will respond to the housing needs of single parent-led families who cannot secure decent accommodations at an affordable price or have been living in emergency housing (shelters). Over this past year, we have heard from far too many mothers who, with their children, were in unsafe settings, sleeping in cars, and couch surfing. Our goal will be to divert families from shelter or unsafe settings to homes.

As you read this Annual Report, we hope you are proud of what your support accomplished last year. We worked hard to meet your expectations and achieve results for the people who used our shelter and housing, programs and services, and advocacy efforts.

We take this opportunity to thank staff, volunteers, members of the board and all of the supporters who have embraced Adsum’s mission and vision. It is your ongoing and extraordinary support that brings hope, security and self-esteem as we all work to realize a time where everyone enjoys the right to a safe and secure home.



Donna Morykot
President of the Board



Sheri Lecker
Executive Director





ADSUM HOUSE

Provided

- 5,614 bed nights for emergency shelter
- 198 unique persons, ranging in age from infancy to +70 years, with shelter and social work support
- 12,810 meals to residents and visitors
- 2,508 visits to the Deja Vu clothing room
- 836 hours of programming
- 55 women with household items when they moved to housing
- 6 outdoor Free Sales open to the community
- 184 women & children with Christmas gifts at our community party
- Weekly on site access to a MOSH nurse (Mobile Outreach Street Health)



ADSUM COURT

Provided

- 30 women with housing, rented at 30% of their income; tenancy ranged from a few months to 20+ years
- 700 meals prepared by residents together with staff
- 1,360 hours of programming
- 957 food bags from Feed Nova Scotia to supplement residents' groceries
- 261 meetings with an Adsum social worker



THE ALDERS

Provided

- 17 women and 4 children with affordable housing; tenancy ranged from 1 month to 5 and a half years
- 340 visits to the Drop-In for showers and laundry
- 202 supportive counselling, referral and advocacy visits
- 78 people, including 23 children, with housing searches and support
- 16 people, including 4 children, with support while transitioning to housing
- 57 women and trans* individuals with ongoing support to maintain housing



ADSUM CENTRE

Provided

- 29 women, youth and trans* persons and 9 children with housing and 24-hour support
- 184 days of stay, on average
- 768 hours of educational, therapeutic and recreational programming
- 586 hours of one-on-one meetings to residents
- 20 mothers with the Strengthening Parenting Skills program
- Program and support to mothers of 23 children and 3 pregnant women
- 14 children with regular supervised access visits with their mothers
- 9 children with a home when they were returned to their mother's care while residing at the Centre
- 19 women and families with support to move on to independent housing
- Outreach support to 8 women and 4 families; most visits were in person, bi-weekly
- 7 women and families with ongoing Outreach support as they are still housed 6 months after exiting the Centre



FAMILY CONDOS

Provided

- 8 people, including 3 mothers and 5 children, with safe, quality housing
- 3 families with supplemented rent to make the housing affordable
- Stability with 1 family celebrating 3 years housed and 2 families celebrating a year housed with open ended leases
- Services and social work support, as needed



STIGMA

By Melissa Revels, *Adsum Centre Resident*



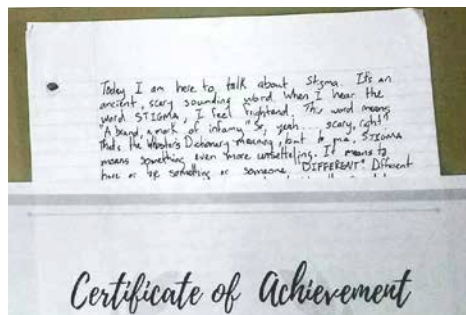
Today I am here to talk about STIGMA. It's an ancient, scary word. When I hear the word "STIGMA", I feel frightened. This word means 'a brand a mark of infamy', so yeah....scary right? That's the Webster's Dictionary meaning, but to me, STIGMA means something even more unsettling. It means to have or be something or someone DIFFERENT. Different in a way that our cultural norm has traditionally regarded as "bad" or "wrong" or "not quite right".

To feel the effect of STIGMA is to feel shame, guilt, sadness, or anger because of what other people think about what is different about me. I feel and experience STIGMA because I live with mental illness (and also I'm weird). Who else experiences STIGMA out there?? People with disabilities, people who live in poverty, people of a different race, people with a different sexual orientation..... I know I'm feeling awful from what others might think of me about how society has portrayed me and others like me. And this sucks for me because I am already have a mental illness; I don't need to be carrying this heavy, frightening word STIGMA around with me. I have enough to worry about.

How does STIGMA affect a person? Feeling the excess burden of STIGMA can leave a person feeling like they are always fighting against other people's ideas of them. It can make you want to withdraw. If you're tired, angry, self-conscious, afraid, and ashamed it is difficult to cope with daily life. Like I'm supposed to go out into a world that has been set up to keep me out? It's FRUSTRATING. I feel like so many people are unable to live up to their true potential because of STIGMA and the outdated idea of what is 'normal' or 'acceptable'.

So on a personal level STIGMA is bad. I know you know that - but beyond a personal level what else is wrong with STIGMA? How does it effect society as well? First off, if we have masses of people who are stigmatized, we have masses of people that we are ignoring. We are ignoring their stories, and their abilities. We are losing out on knowledge, skills, and everyday AWESOMENESS. Because when we stigmatize people, the goal is to cast them out, to make them unwelcome. So maybe people experiencing STIGMA will find it hard to go to school, to find work, to find, shelter, to be healthy individuals. STIGMA aims to keep people weak. No schooling, jobs, money or appropriate health care. We are more likely to need government assistance, to need extra healthcare, to raise children who don't know how bright the future can be. Our STIGMA trickles down to other generations. If we don't fight against STIGMA, nothing will change. And if nothing changes, we lose. We are accepting old ideologies; we are keeping our minds closed as a population. We - the world is NOT better off keeping groups of people weak and frightened.

So how can we fight STIGMA? First off we can educate, we can share our stories, we can let others know of the implications of STIGMA. If we someone being stigmatized we can step in and speak up - or we can be a friend to those who are experiencing it. Let them know they are not alone. Also those of us fighting against STIGMA can learn how to accept ourselves, love ourselves. Accept that you may not be change some ones opinion, but try to keep fighting, to keep educating, to keep sharing your story. You can also focus on all of the positives and the people and places who accept you for you. Embrace your differences they help make you unique. Being 'different' does not have to be a burden - it can be a blessing.



OUTREACH; FOCUSING ON PRIORITIES

"To be able to look at my sons and know that this is our place, we did it, we've done it. We're happy and they're healthy, and I honestly couldn't ask for anything more."

Receiving a phone call from a former resident to celebrate a milestone or navigate a crisis is something that happens all the time for staff at Adsum Centre. Some clients stay in touch for months or years following their time living here. The type of support we can offer post-residency has changed in the last years and residents exiting now, are offered Outreach Support Services, provided by our Social Worker. This service began when we purchased three condominiums, providing safe, quality housing that is affordable to single parent-led families with access to many supportive services.

This year, 12 individuals and families were supported by outreach. Four of those families and two individuals still meet with the Outreach Social Worker on a bi-weekly basis to help navigate systems, access resources, manage crises, and accomplish goals. Engaging with outreach is voluntary and a client can decide to

stop at any time. Of the households that received outreach support in the past fiscal year, 11 remain safely and securely housed. Two families are celebrating a one-year anniversary in their current homes. Both have experienced many ups and downs with new additions to the family, health complications, neighbourhood challenges, and the closing of their files at Children and Family Services. They have also experienced the diversity of Adsum, residing at the shelter and the Centre, prior to moving into one of the condominiums. Their relationship with us continues and evolves through the outreach support program.

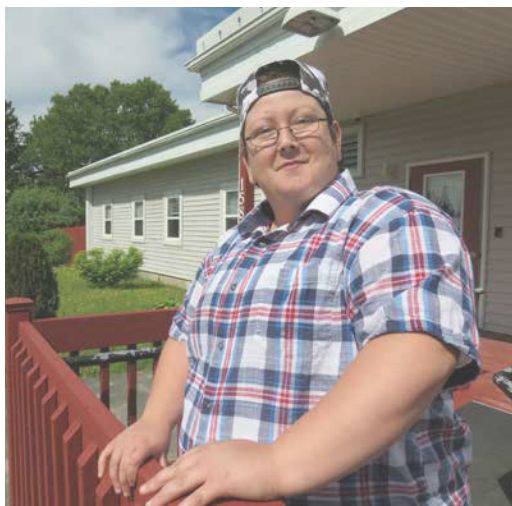
Shaylyn and her two sons celebrate their first year in an Adsum condo with outreach support in July. When reflecting on the changes she and her family have experienced over the past couple years, Shaylyn is grateful for the time she spent at the shelter and Centre. Shaylyn was excited to regain her independence and have a sense of security when her family transitioned to a condo. "I don't know where I would be without those options and that support."

In May, Bobbi and her two daughters celebrated their first year in an Adsum condo. Bobbi shared her story during the 2016 Successful Canadian Women's Dinner to an audience of 350 people:

"I didn't in a million years think I would get the great news of being blessed with the chance to move forward from the Centre and into one of Adsum's beautiful condos... Don't get me wrong, life still has its curve balls, but my strength that I've built over these last few years has seen me through. It scares me to think where I could be if I had chosen not to go to Adsum. So I would just like to say thank you to Adsum and the wonderful staff for putting up with me in my dark, crazy days, but more importantly, for helping me and supporting me through all my highs and lows."

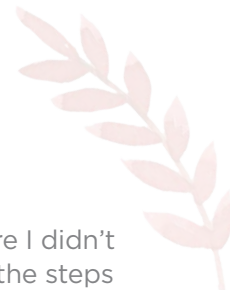
The development of Adsum's Outreach support services revolves around the expressed needs of current and former residents, as illustrated by both Shaylyn and Bobbi's stories. Outreach helps create opportunities for support shaped by Adsum's values and philosophy in the context of our greater communities.





I AM HERE. I AM ALEX.

By Alex, *Current resident Adsum Centre
and former resident Adsum House*



Seven months ago, I found myself in a situation where I didn't know where I was going to sleep and I ended up on the steps of Adsum House in Halifax. I was scared, nervous, and not sure what to expect. The staff members of Adsum House were very supportive and non-judgemental. Throughout the month I was at the House, I became more confident in myself and started making friends and connections I never thought I would make. Yet, how real were these connections I was making when these people knew me as my birth name and birth gender? I felt like I was living a lie and not being true to myself.

I couldn't imagine myself living with another roommate after the experiences I had, but I also could not imagine myself living alone. When I heard about Adsum Centre, I realized it was the perfect alternative. I really enjoyed having my own bedroom at the Centre. I also loved the structure of the programs and having my own Individual Program Plan (IPP) worker who helped me to achieve my goals. Even though I was working hard on my goals and had a lot of support at the Centre, I still felt sad and depressed a lot of the time. Deep down I knew it was because I wasn't being my authentic self and I knew what I had to do, but it was not going to be easy.

I am a big believer that things happen for a reason. The Centre Social Worker (and my IPP) told us in Therapeutic Change program that we were going to do a five-minute public speaking assignment. I knew immediately what the subject of my assignment would be. I opened up to a few staff from the Centre before my presentation. Their feedback was very supportive, which helped me to build up the courage I needed. I have never been comfortable with public speaking and I felt anxious about what the other residents would think. Yet, I knew it had to be done. At the end of my presentation every Adsum Centre resident was accepting of calling me "ALEX" and using male pronouns. I finally felt like I was home at Adsum Centre.

I would like to say that I didn't feel sad or depressed after coming out but that was not the case. What did change was that I could just be me. When I was sad I could talk to staff and other residents about why I was sad. I didn't have to hide anymore and that is a great feeling. Adsum provided me with a lot of support and resources that were really helpful. I could finally be 100% honest about who I was and this helped me to be more confident with who I am.

If anyone is struggling with coming out and needing a place to stay, I would definitely recommend Adsum. Adsum staff will advocate for you and be there for you if you need someone to listen. Canada is slowly becoming a more transgender friendly country and Adsum is doing a great job of ensuring that all folks feel safe enough to be themselves. We celebrate special days at Adsum Centre and I hope that we start to celebrate the Transgender Day of Visibility going forward. I have always felt safe at Adsum, but have struggled at times being the only male in a women's shelter. I know I would not have felt safe at a men's shelter and wish there were more options in Halifax for trans people.





HOUSING SUPPORT

Michelle Malette; *Housing Support Worker*

Having a Housing Support Worker (HSW) in our Alders Drop-In, allows people one-on-one help, as they struggle to find safe, healthy and affordable housing in our community.

As Halifax housing rates soar, more people on low incomes or with disproportionately low shelter allowances on Income Assistance are having difficulty to pay rent. Some must take their food money to subsidize rents and more are facing eviction as they cannot afford rent, heat, food and medicine each month.

A Housing support client may be a shelter resident who qualifies for a rent subsidy, or a community member who is homeless or precariously housed and in need of support. Clients receive both ongoing support and eviction prevention services to secure and maintain a stable home.

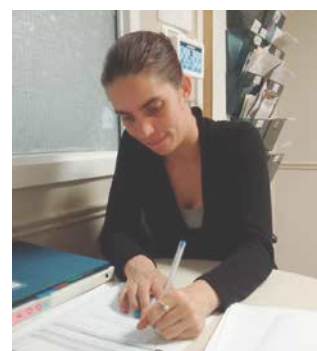
Housing Support works in sourcing affordable and safe housing to meet client's needs in areas all over the city. I build positive relationships with Metro Regional Housing Authority, rental companies, individual landlords and rental agents, trustees, moving companies and others making direct contact with my clients. This relationship supports stability for current and future clients. I work to support the client to introduce them to cost free resources in their new community, such as family resource centres, food banks, and community gardens.

While the focus of my work is securing housing, the goals often shift as clients become more stably housed. The clients focus may now centre on mental and physical wellness, regaining or retaining custody of children, acquisition of new skills through volunteering, entering the paid workforce or furthering their education.

Educating the wider community around the systemic barriers faced by people who experience poverty, food insecurity and a lack of safe, healthy and affordable housing, as well as advocating for change to systemic barriers, are ongoing and essential to my role as HSW.

HSW at The Alders supported 78 people this year, which included 53 women, 2 men and 23 children. The high level of demand for housing support services means there are many other women and families who look to organizations like Adsum for a safe and secure home.

The joy in my job is watching as my client receives their keys and signs a new lease. Seeing that client 6 months later thriving in their new home and feeling stable, is my greatest satisfaction.



ADSUM COURT - A COMMUNITY FOR 30 YEARS

"I enjoy going on the outings and to get out of my apartment to do things."

Adsum Court opened in 1987 with 2 buildings and now has 3 buildings which house 23 single apartments and an office. Some women have been renting a subsidized apartment at Adsum Court for more than 20 years and with the other tenants have built a very warm sense of community. The property has a lovely park setting complete with benches and a swing in the back, as well as picnic tables to offer pretty and restful gathering places for the women who live here to come together.

We plan a lot of activities at The Court where tenants enjoy learning, have fun together and feel part of their community in a safe environment. The schedule for the month is full of various opportunities for growth, wellness and socialization, which people may take part in as much or as little as they choose.

"I am so glad to live here. Where else can you get food bank every week, and get to go out and do stuff."

Every Monday, a dog comes to visit and enjoy time with the tenants and then we go for a walk to a nearby lake and trail for some exercise. Sometimes we have an outing to a local coffee shop for clients to enjoy a tasty treat and socialize. Many of these treats are donated by neighbouring businesses. Tuesdays and Wednesdays are our 'program' day when the office turns into a program centre with some activities that are easy to engage in and allow for comfortable interaction among folks. These may include

bingo, card making, art projects, puzzles, colouring, knitting, word searches etc. We do a variety of programs to expose tenants to new activities, which may peak their interest or engage them in an activity they already enjoy but may not have access to for many reasons. The women will help by teaching each other a new hobby to do alone or as a group. Then once a week, we try to go off-site to experience an activity or special event in the community. These outings can include swimming, bowling, museum and park visits, movies and tickets to events in our city.

"I get so much out of the services and supports. There are people around to talk to and help if I need it."

On Tuesday evening we plan, cook and enjoy a meal together. Tenants are invited to contribute to meal preparation with our staff and other tenants and learn new recipes while just enjoying time together. They may choose to stay and eat as a group or go back to their own apartment with take out. The community meal is a favourite for many, providing access to a nutritional meal, information about nutritious eating and socializing with other tenants. Feed Nova Scotia delivers weekly on Thursdays. All

tenants have access to some free groceries for the week and come by the office to 'hang' with one another and often talk about recipes to make with the ingredients they have received. They may exchange ingredients to have one resident make a large batch of a recipe for others to share.

We are fortunate to have volunteers come in to share their talents and are able to offer services such as foot care, haircuts, yoga and educational programs. When not offering a program, the office is open to allow for time to interact socially with one another. We also offer support on an ongoing basis with staff including our Social Worker, who makes regular appointments with each person as needed. Residents have expressed appreciation for the activities and say that it helps to pass the time, relieves stress and remind them of the activities that brought them pleasure before.



TREASURER'S REPORT

It has been both a pleasure and honor to serve as Treasurer on the board of Adsum Association for Women & Children. I am grateful to the staff and directors of Adsum for supporting me in my role as Treasurer. I have been inspired over the past year by the Executive Director, Sheri Lecker and the Accounts Administrator, Nancy Lamrock who play a large role in the success of the Association's finances by being so attentive to ensuring that every dollar contributes to the mission of the Association.

Adsum relies on government grants, rental income and most significantly, on the generosity of our donors. If not for the latter, the Association would not exist. Donations and fundraising continue to be a significant source of revenue for the Association. In fiscal 2017, an amount of \$722,212 was contributed to the Association via donations and fundraising which was utilized effectively in providing much needed services to our community.

The expenditures of the Association vary based on changes to programs, requirements of the properties and continued pressures on reducing overhead spending to ensure every dollar counts in shaping change in our community. In fiscal 2016, there was a significant grant received and monies were spent to renovate certain properties, which did not reoccur in fiscal 2017. There is an increase in wages in 2016 as a result of ensuring that our vital staff are compensated according to the living wage in Halifax.

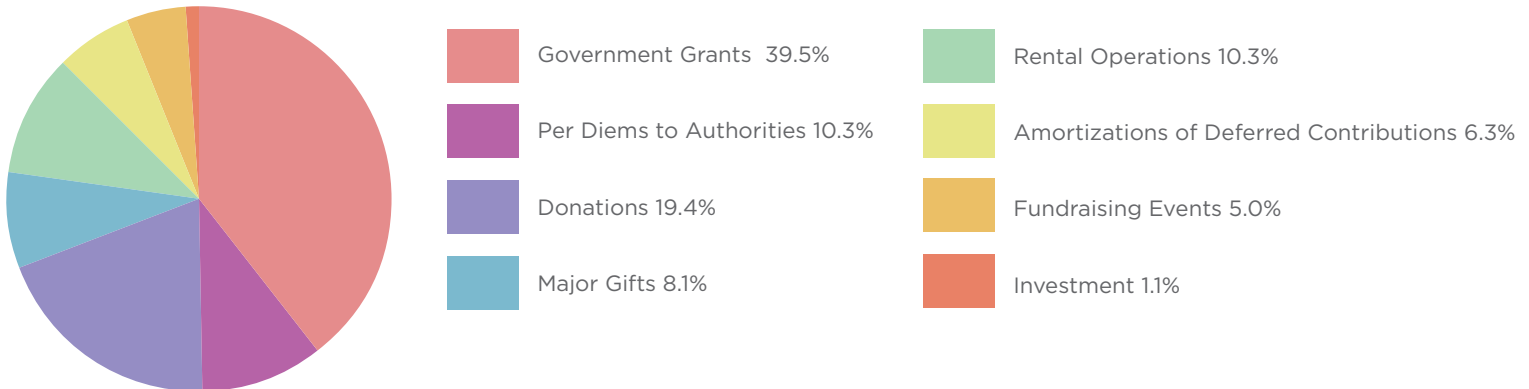
The Association continues to demonstrate a strong financial position. Readers are encouraged to examine the audited accounts as published in the annual report where the summary outlines the Association's Revenue and Expenditures followed by the Statement of Financial Position of Assets, Liabilities and Reserves.

Respectfully submitted,

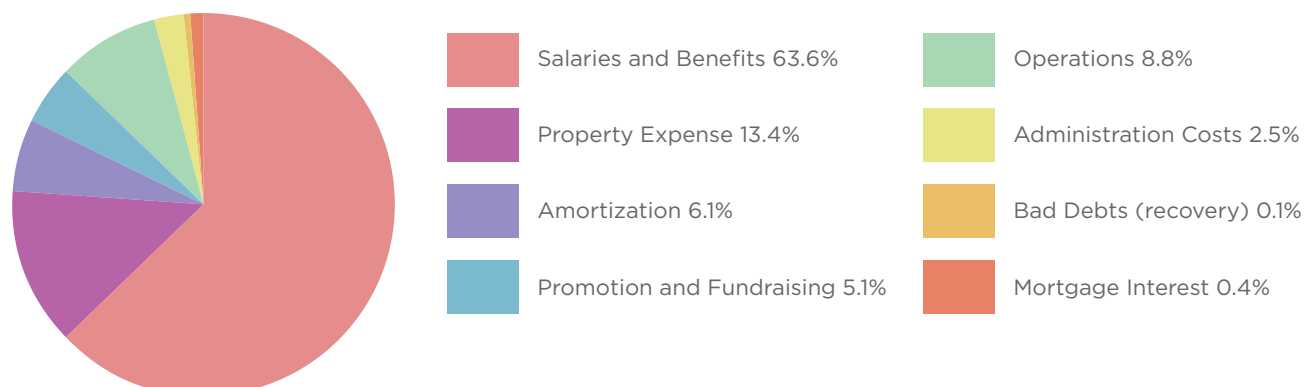


Helena Lotherington
Treasurer

2017 REVENUE



2017 EXPENSES



STATEMENT OF REVENUE & EXPENDITURES

YEAR ENDED MARCH 31, 2017

	2017	2016
REVENUE	\$2,222,907	\$2,308,093
EXPENSES	\$2,271,325	\$2,331,780
DEFICIENCY OF REVENUES OVER EXPENSES FROM OPERATIONS	(\$48,418)	(\$23,687)
OTHER INCOME (UNREALIZED GAIN)	\$20,776	(\$9,076)
DEFICIENCY OF REVENUE OVER EXPENSES FOR THE YEAR	(\$27,642)	(\$32,763)

STATEMENT OF FINANCIAL POSITION

MARCH 31, 2017

ASSETS	2017	2016
CURRENT		
CASH	\$ -	\$ -
ACCOUNTS RECEIVABLE	\$37,781	\$161,604
PREPAID EXPENSES	\$22,580	\$20,278
	\$60,361	\$181,882
CAPITAL ASSETS	\$3,752,801	\$3,903,197
LONG TERM INVESTMENTS - RESTRICTED	\$365,777	\$332,034
LONG TERM INVESTMENTS - UNRESTRICTED	\$272,551	\$272,580
	\$4,451,490	\$4,689,693
LIABILITIES		
CURRENT		
BANK INDEBTEDNESS	\$28,694	\$127,676
ACCOUNTS PAYABLE	\$108,272	\$95,627
CURRENT PORTION OF LONG TERM DEBT	\$21,977	\$236,744
UNEARNED INCOME	\$10,463	\$11,805
TENANTS' DAMAGE DEPOSITS	\$6,747	\$5,433
	\$176,153	\$477,285
LONG TERM DEBT	\$255,510	\$61,066
DEFERRED CONTRIBUTIONS - CAPITAL ASSETS	\$3,105,809	\$3,247,006
DEFERRED CONTRIBUTIONS - FUTURE EXPENDITURES	\$44,452	\$40,871
	\$3,581,924	\$3,826,228
NET ASSETS		
INVESTMENT IN PROPERTY AND EQUIPMENT	\$349,409	\$358,382
INVESTMENT IN ENDOWMENT FUND	\$365,777	\$332,034
UNRESTRICTED FUND	\$154,380	\$173,049
	\$869,566	\$863,465
	\$4,451,490	\$4,689,693

COMMUNITY VOLUNTEERS AND STAFF RAISED FUNDS AND MAKE NEW FRIENDS AT OUR SIGNATURE FUNDRAISING EVENTS



THANK YOU TO OUR GENEROUS EVENT SPONSORS



ARGYLE FINE ART



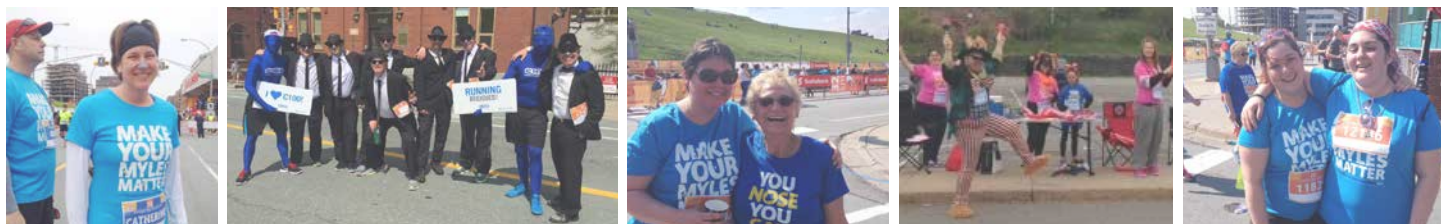
THIRD PARTY FUNDRAISERS

The Halifax community is very generous. We feel honoured that so many organizations, schools and individuals of all ages choose to raise money for our work. We welcome through the year many people with a giving spirit, They bring us money collected for a birthday, toys, clothes and food, Christmas gifts and funds raised at bake sales, casual days, markets, shows, from their retail product and event ticket sales.

Scotiabank Bluenose Marathon Charity Challenge

Team Adsum Avengers, Team Bro and Team Academy of Learning walked and ran for Adsum at the Bluenose Marathon. As one of the featured charities we participated in the Expo and had a Cheering Station greeting the half and full marathoners. Thanks to our team members who raised \$16,000.

Carrie Amero	Noah Hardy	Trevor MacPherson	Lisa Richard
Catherine Baker	Roberta Hardy	Shana McGuire	Jesse Risser
Lindsey Bedgood	Shannon Hardy	Kellie McLeod	Peter Rumscheidt
Shaylynn Cromwell	Daniel Holland	Alexandra McNab	Steve Smith
Salvatore DiGiorno	William Jollimore	Kathy McNab	Karrie Spears
Kathryn Duvar	Gary Karasek	Ken McNab	Marcel Tellier
Shelly Fairn	Korrynna Kellar	Patricia Morrison	Bruce Tracy
Kelly Furlotte	Jennifer Krewenki	Kim Mundle	Sonya Vaschel
Crystal Hape	Sheri Lecker	Aileen Murchison	Colleen Verville
Linden Hardie	River Lehmann	Louise O'Haran	Stacey Wiper
Griffin Hardy	Sarah MacGillivray	Keilin Ramirez- Fernandez	Duane Yeomans



Ride for Refuge

For the first year, we put a team together of staff, family and clients for a 10-50km walk and bike ride, BBQ and overall fun day. We look forward to making this an annual event. Thanks to our team fundraisers.

Susie Bloomfield	Terrilyn Chiasson	Warren Krewenki	Andrew Spears
Michelle Bouwman	Amanda Dauphinee	Laura Marriott	Jennifer Spears
Sarah Carrier	Emma Duffy	Kathy McNab	Kaitlyn Spears
Allison Chabassol	Linden Hardie	Ken McNab	Karrie Spears
Sarah Chestnut	Jennifer Krewenki	Renee Quenneville	Rebecca Spears



ADSUM'S COMMUNITY OF VOLUNTEERS 2016-2017

Our volunteers truly are amazing! Volunteers help out in so many ways at Adsum each day. It could be sorting and organizing donations; preparing meals and helping out with fundraising events; sitting on our Board of Directors or doing programming with our clients. Volunteers are an essential part of the work that we do. Our volunteers are dedicated to their community and we are so grateful for all of the ways they help with our services and events.



Lindsay Algee	Evie Dunville	Tiffany MacDonald	Rebecca Pumphrey
Alana Amarandos	Joan Eager	Sarah MacGillivray	Tracey Randem
Sonja Amarandos	Hannah Estabrook	Molly MacKenzie	Amy Richard
Gladys Ascah	Brittany Farrell	Alice Mailman	Gillian Rose
Maureen Babin	Daisy Fitzgerald	Ann Mann	Pete Rose
Catherine Baker	Carlette Gray	Nicole Maunsell	Dominique Salh
Leticia Balcarse	Mary Hale	Julie McCloskey	Christine Saulnier
Brian Barton	Penny Harding	Grace McDonald	Susan Shephard
Sylvia Boissonneault	Robyn Hedden	Alexandra McNab	Shawn Sperry
Michelle Bouwman	Gabrielle Horne	Jessie Meisner	Una Sverko
Jessy Brunet	Alexandra Ilott	Georgette Moffatt	Ann Swain
Matt Brunet	Jenna Jamieson	Kelvin Moore	Monique Thomas
Hayley Bryan	Sheila Jamieson	Will Morton	Linda Thorne
Carol Burk	Bryanna Jew	Donna Morykot	Rocky Tomascoff
Justine Burns	Linda Jones	Emily Murray	Andrew Turner
Cathy Byrne	Madelyn Keeping	Ntombi Nkiwane	Ross Unger
Rob Canning	Sherry Keizer	Yvonne Noel	Matthew Van De Riet
Emily Costello	Anne Kelly	Wilma O'Grady	John Volc
Amber Davis	Gabby Kloppenburg	Gary O'Meara	James Weatherby
Leigh Day	Angelena Kuhn	Grace Park	Paul Williams
Evyneia Dexter	Alexandra Kuo	McKayla Peddle	Richelle Williams
Jenny de Zoete	Sarah Langley	Katie Pepler	Maddison Wilson
Barb Diamond	Colleen Leblanc	Heidi Petrcek	Hannah Witherbee
Julieta Diaz-Beltran	Kara Loop	Ron Pizzo	Wenda Wright
Kelsey Doucette	Helena Lotherington	Beth Pothier	Courtney Zwicker
Amy Downie	Shirley MacDonald	Matt Prosser	



“CHANGING THE WORLD IS AS EASY AS REACHING OUT YOUR HAND”

We are grateful for the hundreds of hours that volunteer groups spend at Adsum properties to cook, clean, organize donations, paint, do yard work and offer their skills and talents to clients. We appreciate the time, effort and enthusiasm from our amazing Volunteer Groups.

Autism Nova Scotia
BMO
C100 Street Team
Craig Sampson Family
Dalhousie University
Dal Legal Aid
Dartmouth Sportsplex
Dramatic Changes
Foxy Moon Hair Gallery
Halifax Cornwallis Progress Club
HALIFAX Rec Youth Leadership

HDC Hair & Esthetics
Home Depot Halifax
Immigrant Services Association
Integrated Staffing Limited
MAC Cosmetics
Mobile Outreach Street Health
Mount Saint Vincent University
My Secret Table
Nova Scotia Power Fuels Division
On-Point Volunteers Association
Pepsico

RBC Wealth Management
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Pirate Off-Road Nation Drivers, Our Local Heroes!

For the past two winters, volunteers from the Club have helped staff of 10 shelters and emergency services get to and from work during stormy weather. About a dozen club members volunteered their time to pick up shelter employees all over the HRM. This fearless, devoted group made it their mission to see staff safely to and from work in the worst driving conditions. Even when the city shut down and buses were pulled off the road, we were able to keep shelters open and programs running. Over the last two winters, 75+ drives have been coordinated by local club chapter Captain Jessie Brunet and her team.

Many of the drivers have full time jobs themselves, so would volunteer throughout the evening and into the early morning and then face a day of work. Some drivers volunteered because they feel a personal connection with the work that the various shelters do, especially those organizations helping women with histories of sexualized violence.

We extend a huge thank you to all of the Pirate Off-Road Nation volunteers. We are forever grateful for all that you do!



WE ARE HONOURED TO HAVE MANY SUPPORTERS WHO TRUST ADSUM TO USE THEIR DONATIONS IN WAYS THAT HELP OTHERS FIND HOPE, SECURITY AND SELF ESTEEM.

THANK YOU FOR YOUR GENEROUS GIFTS.

Listed here are donors of cash, gifts-in kind and sponsorships of more than \$500, between April 2016 and March 2017 (Excluding private individual donors)

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ADSUM AT CHRISTMAS

We kick off the Christmas season on Giving Tuesday each year where the generosity of Halifax starts to flow in. We are grateful to so many loving people who want to help others. Some give money, start toy drives, knit warm things for winter, gather personal care items, collect pyjamas and underwear and support children and families. Every item is used throughout the year, to bring comfort for women and children. We cannot do our work without these donations. To see some of the wonderful stories of generous people visit our Facebook Adsum for Women & Children page "12 Days of Giving".



SUPPORTING LOCAL FAMILIES AT CHRISTMAS

In November we received a call from Brett, one of four young men who wanted to know how to work with Adsum to raise money and help families at Christmas. Using Go Fund Me, they set a goal of \$2,500.

Brett Newcombe, Stevie Wilson, David Belbin and Logan Inglis had this to say to supporters:

"Have you ever thought about what Christmas means to someone else? We have and this year we want to spread extra holiday cheer by helping families in need to have the best Christmas. As we've gotten older, we've realized Christmas is more about spending time with family and not so much about the gifts.

Nonetheless, as a child the magic of Christmas comes from the excitement of Santa and opening gifts on Christmas morning."

This project quickly resonated with people and in 3 weeks they raised \$4,065 from 58 family members and friends. In December, the men set off to shop for more than 50 children who Adsum assists at Christmas. The group chose a toy and a pair of pyjamas for each child, to be gifted by Santa at our annual community Christmas Party. After all that shopping, Brett and his friends still had money left over to donate grocery cards. These young men certainly made the holiday brighter for each of the children and their families.



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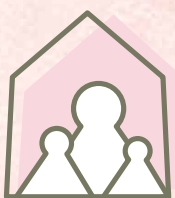
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